


{ SPA }

Premier Pampering

Few treatments ease tension like the Nirvana Massage at **CIEL SPA**  in the posh SLS Hotel at Beverly Hills in Los Angeles. Two therapists work in tandem to relax tight muscles; afterwards, blissed-out guests head to the herbal steam room for some ultimate relaxation. Also on hand? A menu of light nibbles curated specifically for the spa's relaxation lounge by the award-winning chef José Andrés (who, incidentally, was also named one of *Time* magazine's 100 most influential people for 2012). Through December, guests who book a one-night stay at the hotel will receive a \$200 spa credit. Just mention code SPAPKGWK when reserving.

From \$469, www.cielatsls.com

—RENEE BRINCKS

